

# Indrany Datta-Barua, M.D.

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Dedicated psychiatrist, psychotherapist, and psychoanalyst, with a particular interest in the intersection of psychiatric and medical illness. My unique training in both psychiatry and palliative medicine, as well as my private practice experience with mood and personality pathology, enhance my approach to treating psychiatric illness in an individualized context. I am known and respected by my colleagues not only for my clinical skills, but also for my distinctive ability to clearly and creatively synthesize information across disciplines. As a result, I am sought out for presentations and publications in both psychodynamics and palliative medicine.

## WORK EXPERIENCE

Chicago Psychiatry Associates, Chicago, IL <i>Psychiatrist, psychotherapist, psychoanalyst</i>	2018 – present
University Medical Practice Associates, New York, NY <i>Medical Assistant</i>	2008 – 2009
Mount Sinai Hospital of Queens, Long Island City, NY <i>Patient Advocate</i>	2007 – 2008

## POSTGRADUATE TRAINING

Chicago Psychoanalytic Institute, Chicago, IL <i>Psychoanalytic Education Program</i>	2022 – present
Chicago Psychoanalytic Institute, Chicago, IL <i>Adult Psychotherapy Program</i>	2018 – 2020
Chicago Psychoanalytic Institute, Chicago, IL <i>Psychoanalytic Fellowship Program</i>	2017 – 2018
McGaw Medical Center of Northwestern University, Chicago, IL <i>Hospice and Palliative Medicine Fellowship</i>	2017 – 2018
Tufts Medical Center, Boston, MA <i>Adult Psychiatry Residency (Outpatient Chief 2016 – 2017)</i>	2013 – 2017
Boston Psychoanalytic Society and Institute, Boston, MA <i>Psychoanalytic Psychotherapy Fellowship</i>	2015 – 2016

## BOARD CERTIFICATION

Psychiatry, *American Board of Psychiatry and Neurology*

## LICENSURE

Physician and Surgeon License, IL  
Controlled Substance License, IL  
Physician License, MI  
Federal DEA License

## EDUCATION

Case Western Reserve University School of Medicine, Cleveland, OH <i>Doctor of Medicine</i>	2009 – 2013
Columbia University, New York, NY <i>Certificate in Postbaccalaureate Premedical Studies</i>	2006 – 2008
International Christian University, Tokyo, Japan <i>Certificate in Japan Studies</i>	2005 – 2006
Princeton University, Princeton, NJ <i>Bachelor of Science in Engineering, Computer Science</i>	2001 – 2005

## ACADEMIC TITLES

Adjunct Lecturer, Dept. of Medicine Northwestern University Feinberg School of Medicine	2023 – present
Health System Clinician, Dept. of Psychiatry and Behavioral Sciences Northwestern University Feinberg School of Medicine	2018 – 2023
Clinical Associate, Dept. of Medicine Northwestern University Feinberg School of Medicine	2017 – 2018
Clinical Associate, Dept. of Psychiatry Tufts University School of Medicine	2013 – 2017

## PROFESSIONAL MEMBERSHIP

American Psychiatric Association (APA)  
American Psychoanalytic Association (APsA)  
International Association for Psychoanalytic Self Psychology (IAPSP)  
Midwest Regional Self Psychology Study Group  
Midwest Regional Neuropsychoanalysis Study Group

**JOURNALS**

Psychoanalysis, Self & Context <i>Associate Editor, Reviewer</i>	2023 – present
Journal of Palliative Medicine <i>Reviewer</i>	2021 – present
AMA Journal of Ethics <i>Reviewer</i>	2018 – 2025

**GRANTS**

American Psychoanalytic Foundation	2024
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**PUBLICATIONS**

**Datta-Barua I**, Cramer M. Relational trauma: psychodynamically-informed strategies for serious illness care. *J Palliat Med.* (invited manuscript)

Akhtar S, **Datta-Barua I**. What does a father do? In: Akhtar S, ed. *Parenthood and its Discontents.* (in press)

**Datta-Barua I**. Attachment styles and personality disorders in patients with serious illness. In: Shalev D, Chammas D, eds. *The Clinical Manual of Palliative Care Psychiatry.* 2<sup>nd</sup> ed. (in press)

**Datta-Barua I**. Book essay: Profile: Salman Akhtar. *J Am Psychoanal Assoc.* 2026;0(0). doi:10.1177/00030651261430683

**Datta-Barua I**. Response to spring quarterly roadblocks: palliative care for patients with serious eating disorders. *AAHPM Quarterly.* 2025;26(1).

**Datta-Barua I**, Hauser J. Clinician self-disclosure in palliative care: describing a taxonomy and proposing a communication tool. *Am J Hosp Palliat Care.* 2023;0(0). doi:10.1177/10499091231154228

**Datta-Barua I**. A plea for linking or how are yoga, K-Pop and psychoanalysis connected? *Psychoanal Self Context.* 2023;0(0). doi:10.1080/24720038.2022.2154771

**Datta-Barua I**, O'Brien K, Vermeylen J. The therapeutic utility of the pregnant palliative care physician: a case series. *J Palliat Med.* 2019 Jun;22(6):734-738. doi:10.1089/jpm.2018.0379.

**Datta-Barua I**, Hauser J. Four communication skills from psychiatry useful in palliative care and how to teach them. *AMA J Ethics.* 2018;20(8):E717-E723. Published 2018 Aug 1. doi:10.1001/amajethics.2018.717

Chang A, **Datta-Barua I**, McLaughlin B, Daly B. A survey of prognosis discussions held by health-care providers who request palliative care consultation. *Palliat Med.* 2014;28(4):312-317. doi:10.1177/0269216313514126

**Datta-Barua I.** All due weight to sympathy. *Atrium: The Report of the Northwestern Medical Humanities and Bioethics Program.* 2014;12:18-19.

## PRESENTATIONS

Rosenberg L, Conviser J, **Datta-Barua I**, Treem J. (2025). Palliative care for patients with long-standing eating disorders: you matter because you are you and you matter until the end of your life. Endowed Bogetz Lectureship: Annual Assembly of the American Academy for Hospice and Palliative Medicine; Denver, CO.

**Datta-Barua I.** (2024). "A Plea for Linking or How are Yoga, K-Pop and Psychoanalysis Connected?" paper presentation. Scientific Meeting: Chicago Psychoanalytic Society; Chicago, IL. <https://www.youtube.com/watch?v=Tm6kHLvmLHY>

**Datta-Barua I**, Putcha R, Khilanani V. (2024). The Dancer's Voice: Performance, Psychoanalysis and South Asian Experience. Book discussion and community outreach event funded by a grant from the American Psychoanalytic Foundation: South Asia Institute; Chicago, IL.

**Datta-Barua I**, Hauser J. (2024). Clinician self-disclosure: boundary crossing and a communication tool. Friday Chalk Talk series: Advocate Aurora Health; Milwaukee, WI. <https://www.youtube.com/watch?v=Zq1YM9dQRig>.

**Datta-Barua I.** (2024). "A Plea for Linking or How are Yoga, K-Pop and Psychoanalysis Connected?" paper presentation. Contemporary Psychoanalysis: Theory and Practice: Colorado College; Chicago, IL.

**Datta-Barua I.** (2023). "A Plea for Linking or How are Yoga, K-Pop and Psychoanalysis Connected?" paper presentation. Contemporary Psychoanalysis: Theory and Practice: Colorado College; Chicago, IL.

**Datta-Barua I.** (2022). Crossing with care: clinician self-disclosure and the relationship to self-care. 17<sup>th</sup> Annual Pain and Palliative Care Conference: Robert H. Lurie Comprehensive Cancer Center of Northwestern University; Chicago, IL.

**Datta-Barua I.** (2018). Understanding attachment in palliative care for cancer patients. The 13<sup>th</sup> Annual Pain and Palliative Care Conference: Robert H. Lurie Comprehensive Cancer Center of Northwestern University; Chicago, IL.

**Datta-Barua I.** (2018). Palliative care clinician self-disclosure: education and utilization. QI Poster Presentation: Regional Fellows Conference; Chicago, IL.

**Datta-Barua I.** (2018). Hospice as a 'holding environment': recognizing the therapeutic benefit of hospice for patients with trauma histories. Annual Assembly of Hospice and Palliative Care; Boston, MA.

**Datta-Barua I.** (2018). Clinician self-disclosure: review and psychotherapeutic insights for palliative care clinicians. Invited talk: University of Chicago, Department of Psychiatry and Behavioral Neuroscience; Chicago, IL.

**Datta-Barua I.** (2017). An inexorable intrusion: pregnancy and the frame. Psychiatry Grand Rounds: Tufts Medical Center; Boston, MA.

**Datta-Barua I.** (2017). Psychiatric futility. Ethics Grand Rounds: Tufts Medical Center; Boston, MA.

**Datta-Barua I, Villacorta M.** (2014). Young, catatonic, and incarcerated. Morbidity and Mortality: Department of psychiatry, Tufts Medical Center; Boston, MA.

**Datta-Barua I, Packer C.** (2012). A case of dementia in undiagnosed HIV. Research and Clinical Vignette Poster Competition: Ohio American College of Physicians Chapter meeting; Columbus, OH.

**Datta-Barua I, Chang A.** (2011). Survey of healthcare providers: examining their understanding and use of palliative care and barriers to prognosis discussions. Palliative Care Education and Research Leadership (PEARL) Institute; Cleveland, OH.

**Datta-Barua I.** (2010). *La Dama y La Muerte*: addressing suffering at the end of life at the Academy Awards. Building End-of-Life Science Through Positive Human Strengths and Traits (BEST) Center; Cleveland, OH.

## TEACHING

Endocrinology fellowship wellness series, <i>invited instructor</i> Northwestern University Feinberg School of Medicine	2025 – present
- Educating endocrinology fellows about requested topics and related psychotherapy skills, including: "Working with angry patients" (Dec 2025) "Working with anxious patients" (Feb 2025)	
Psychiatric supervision, <i>individual supervisor</i> Chicago Psychiatry Associates	2025 – present
- Providing one-on-one psychotherapy and psychopharmacology supervision to junior psychiatrists	
Palliative Medicine supervision, <i>individual supervisor</i> Northwestern University Feinberg School of Medicine	2024 – present
- Providing one-on-one psychotherapy-based communication skills supervision for five Hospice and Palliative Medicine fellows (three adult, two pediatric) annually	

- Psychodynamic Palliative Care series, *course developer and instructor* 2023 – present  
Northwestern University Feinberg School of Medicine
- Designing and organizing the psychiatric and psychologic curriculum for the Hospice and Palliative Medicine fellowship annually
  - Teaching individual topics, including:
    - “Eating disorders: the role of palliative care” (Jan 2026)
    - “Attachment styles in palliative care” (Oct 2025)
    - “Psychological elements of palliative care: concepts and skills for communication” (Aug 2025)
    - “Thinking about depression in palliative care” (Jan 2025)
    - “Clinician self-disclosure” (Jan 2025)
    - “Understanding and exploring wishes for death” (May 2024)
    - “Clinician self-disclosure and boundary management” (Jan 2024)
- Continuing Medical Education series, *course developer and instructor* 2020 – present  
Chicago Psychiatry Associates
- Selecting and teaching topics of interest to practice partners for continuing education, including:
    - “Dreams and the SEEKING system in mood disorders” (2025)
    - “Affective neuroscience and neuropsychanalysis” (2024)
    - “Body-oriented therapies” (2023)
    - “Differentiating bipolar disorders and PTSD” (2022)
    - “Race and racialization in psychotherapy” (2020)
    - “Neuromodulation in bipolar disorder” (2020)
- Psychiatric History & Physical, *instructor* 2018 – 2022  
Northwestern University Feinberg School of Medicine
- Taught medical students how to conduct a psychiatric history and physical during their psychiatry clerkship
- Internal Medicine Intern Bootcamp, *communication skills instructor* 2018  
Northwestern University Feinberg School of Medicine
- Invited by the Department of Medicine to assist with communication skills training for internal medicine trainees
- Palliative Medicine Clinical Elective, *clinical associate* 2017 – 2018  
Northwestern University Feinberg School of Medicine
- Taught a class on the motivational cycle of emotion and behavior for clarifying patient and family goals to medical students, residents, and fellows rotating for an elective with the inpatient palliative medicine consult service
- Preclinical Psychiatry Problem-Based Learning, *instructor* 2016 – 2017  
Tufts University School of Medicine
- Guided Tufts University medical students as they worked through theoretical psychiatric clinical cases together

- The "Hateful Patient", *seminar facilitator* 2015 – 2017  
 Tufts University School of Medicine  
 - Led Tufts University medical students through a close reading of the classic paper, "Taking Care of the Hateful Patient" (Groves, 1978) to enhance reflective and empathic skills during psychiatry clerkship
- Psychiatry Clerkship, *clinical associate* 2013 – 2017  
 Tufts University School of Medicine  
 - Taught and supervised medical students during their psychiatry clerkship on the inpatient unit and the consult-liaison service
- Art and Medicine professional development for interns, *co-facilitator* 2015 – 2016  
 Tufts Medical Center, Adult Psychiatry Residency and MFA Boston  
 - Organized and co-led (with a docent at the Museum of Fine Arts Boston) arts-based exercises for developing and practicing skills of observation, reflection, and empathy for first year psychiatry trainees
- Cultural Psychiatry, *course developer and administrator* 2014 – 2016  
 Tufts Medical Center, Adult Psychiatry Residency  
 - Designed and organized a curriculum addressing the intersection of culture and mental health for psychiatry residents, identifying and inviting interdisciplinary experts and collaborating with the Chinese Historical Society of New England to learn more about the Chinatown community we served
- Mental Status Exam, *lecturer* 2015 – 2016  
 Tufts University School of Medicine  
 - Instructed Tufts University medical students beginning psychiatry clerkship on how to conduct and document a mental status exam
- Art + Medicine, *course developer and leader* 2012 – 2013  
 Case Western Reserve University School of Medicine  
 - Designed an elective for medical student peers examining the intersection of medicine with visual and performing arts

## AWARDS

- Tufts University School of Medicine, Boston, MA 2015, 2017  
*Dean for Excellence in Teaching, nominee*
- Tufts University School of Medicine, Boston, MA 2015  
*Best Role Models for Professionalism and Ethical Behavior, nominee*
- Tufts University School of Medicine, Boston, MA 2014  
*Notable Teaching in the Psychiatry Clerkship, recipient*
- Case Western Reserve University School of Medicine, Cleveland, OH 2013  
*The Philmore J. and Constance Mayer Haber Award for Excellence in General Psychiatry, recipient*